



The Town Crier

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REBEL NEWS

April 2020

Important Dates

April 20	Remote learning due to start
May 1	Deadline for PTSA scholarships
May 13	Virtual PTSA meeting
June 12	Senior Celebration

[JHS Website](#)

[JHS PTSA Facebook](#)

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Message From PTSA President

Greetings (of the socially distanced variety) to our Juanita Community. I hope you and your families are coping well with these unprecedented and difficult times. We all just learned that our students and teachers won't be going back to our schools this year and that news has caused many emotions for students, teachers and families. We don't know the full plan for curriculum-based remote learning, but starting April 20, 2020, LWSD will be fully transitioned to Curriculum-based work and this work will continue until the end of the school year.

Please visit the Lake Washington School District web site for district updates and look to your email for specific Juanita High School information.

My advice through all of this uncertainty and anxiety is to repeat the advice of people wiser than me: "control what you can control." Look after your health: keep active, eat well and wash your hands. Keep regular sleep patterns. Look after others-whether colleagues, neighbors, friends or family. We're all in this together.

We will have a virtual PTSA General Meeting on May 13th and I hope you can join us as we begin to plan for next year. Details on how to join the meeting will be sent soon.

Be well,

Meg Tally Hunt
Juanita High School PTSA President

Senior Celebration Tickets

Senior Celebration tickets are still on sale.

Another reminder to PLEASE sign up your student for the senior celebration night if you have not already done so. We are still planning for this event to take place on the night of June 12th. This is a non-school sponsored event so as long as Grad Nights is still able to proceed with our party plans the party will be a go. If Grad Nights cancels, rest assured your money will be refunded. For now we really need an accurate count of those planning on attending so we can finalize plans with buses, food, add-on entertainment, etc.



Sign up your students on-line at JHSPTSA.com. The cost is \$200 and scholarships are available if needed. You will need to download and print the forms and fill them out, but you can pay through the website with a credit card. If you can't sign up online, here is the [registration form](#), the [party agreement](#), and the optional [medical form](#) if your student has special medical needs.

All forms need to be mailed to: Senior Celebration - 13207 NE 138th PI Kirkland WA 98034. Ignore the address on the form - that's the school's address. If you didn't pay on the PTSA website, mail the check to this address as well.

Visit the website www.gradnights.com to see possible places and activities.

Amy Lofquist alofquist@msn.com

Pam Zackula pamzack@comcast.net

PTSA Board Nominations

The PTSA rounds out the education experience at JHS by supporting students and staff: college outreach, test prep, scholarships, Rebel Care, Reflections, advocacy, staff appreciation to name a few. **Nominations for the 2020-21 PTSA Executive Board is now open: President, VP, Secretary, Treasurer**

Or if you prefer to lead or participate in a committee, there are many opportunities available. There are some **essential** roles that need to be filled: Volunteer Coordinator, Membership (can be done primarily from home), Website Administrator. Job descriptions and training by current lead is available.

PTSA relies on volunteers to help make JHS a great school. Please consider joining us, or nominate someone that you think would do a great job.

Contact Susan Vossler: vosslers66@gmail.com

Senior Celebration Yard Sign Fundraiser



Class of 2020 Personalized Graduation Signs

by Yard Announcements



JUANITA HIGH SCHOOL

\$25

plus tax/shipping if applicable



****On May 16th price goes up to \$30 and FREE school pick up is no longer an option**



22" Waterproof Corrugated Plastic Signs
Comes with a stake for the yard

Important Order Dates
Order by 5/1--Pick up* 5/15
Order by 5/15--Pick up* 5/29
Order by 5/25--Ships** 6/8
*Pick up at JHS
**Allow 2-3 days for delivery

A portion of the proceeds will help fund the JHS all night grad party!



Order at www.yardannouncements.net (Personalized Graduation Signs)

****OR Pick up an order form in the JHS Main Office and pay by check to JHS PTSA****

Questions? Email us at info@yardannouncements.net

Please specify Juanita High as the fundraising partner so your school gets credit for your order!

We found this fun way to celebrate our seniors in June and want to offer the opportunity for everyone to order. Wouldn't it be great if we all had yard signs out on June 12th to recognize our senior and the unique year they experienced. When ordering please mention Juanita High School so we receive credit. Money earned will go toward the Senior Celebration. If you can't order on-line, print and use this [order form](#) and mail to Pam Zackula - 13012 NE 128th PL Kirkland WA 98034. Order by 5/15 for best pricing and delivery. **The signs will be delivered to the senior celebration chairs who will then deliver the signs to your yard.**

PTSA Scholarships

The Juanita High School PTSA is offering 4 \$1,000 scholarships this year to eligible seniors. The deadline to turn in applications is May 1st. The form to fill out is [here](#). For more information you may contact Jennifer Winkler, Chair Scholarship Committee at redsjs@hotmail.com

Rebel Care

Kirkland Nourishing Networks has partnered with Kirkland Parks and Community Foundation 501©3 to offer grocery cards to Kirkland school families who need support during the COVID-19 outbreak.

Please help support our JHS families by donating:

<https://kirklandnourishingnetwork.org>

Thank you!!

Rebel Care Committee

Resources for helping during pandemic

Donate to LWSF, which funds Pantry Packs.

<https://www.lwsf.org/bethebridge.html>

This is the link to the United Way volunteer page which shows organizations that could use volunteers right now. Can be used for Honor Society volunteer hours.

[https://volunteer.uwkc.org/need/?](https://volunteer.uwkc.org/need/?fbclid=IwAR2UYX4wE_81LfCmKH1mljCoVgl4FlqL_FohG812EO44XeEyyAmYbUzsOTc)

[fbclid=IwAR2UYX4wE_81LfCmKH1mljCoVgl4FlqL_FohG812EO44XeEyyAmYbUzsOTc](https://volunteer.uwkc.org/need/?fbclid=IwAR2UYX4wE_81LfCmKH1mljCoVgl4FlqL_FohG812EO44XeEyyAmYbUzsOTc)

Food Lifeline

https://foodlifeline.org/covid19/#donate_funds_form

Northwest Harvest

<https://www.northwestharvest.org/hrf>

Donate blood

[Bloodworks Northwest](#)

[Vitalant](#)

[American Red Cross](#)

Green Tips from the PTSA Sustainability Committee

We are seeing people finding respite in nature during this time of "stay home, stay safe" taking walks, gardening, photography. It's a good reminder that we need nature to nurture us.



April is the 50th Anniversary of Earth Day!

This serves as our reminder that we in turn need to nurture nature, so it's always there for us. While we can not currently participate in group Earth Day events, consider things that your family can still do to celebrate Earth Day. Plant a pollinator garden to support the bees and butterflies. Pick up litter as you walk your neighborhood or local park. Eat more meatless meals. Conserve energy by turning lights off, unplugging electronics not in use. Don't let the food you accumulate during the pandemic go to waste: <https://savethefood.com/storage>

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What is Earth Day? The History

Take care from the PTSA Sustainability Committee and JHS Earth Corps



Emergency Preparedness

Safety Tip of the Month

Talk to your students about: (i) evacuating the house in a fire or earthquake and (ii) where to meet outside the home in both situations. Remind them about feeling the door for heat before they open the door (don't open it if it's hot and they have another exit route!) and staying low to the ground to best avoid smoke. A wet cloth over their nose would be great if they have liquid in the room they can use.

SUGGESTION: Teenagers may feel they don't need to plan ahead for a fire, but ask them to humor you and tell you their exit plan if they were in each room in the house. Then ask them to do the same and tell you how they'd react in an earthquake. A meeting location example: designating a neighbor's lawn. The purpose of a meeting location is so that you can quickly confirm everyone is out of the house, and it prevents emergency responders from needlessly entering a burning home.

Juanita High School PTA Emergency Preparedness, Chair Jen Mahan
[jen_mahan@hotmail.com](mailto:jmahan@hotmail.com)



NEW: Online Masterclass Series in April/May
4 classes each for middle and high schoolers
- registration open now -

Dive into a specialized music topic with an expert Seattle JazzED teacher in the online masterclass series. Group classes mean this is a LOW pressure environment and a fun

way to keep up with your musical goals and learn new things.

MIDDLE SCHOOL SERIES, suggested grades 6-8
4 Mondays in April/May
1:00-2:00 PM on Zoom.us

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4 Mondays in April/May
1:00-2:00 PM on Zoom.us

- Monday, April 13: Intro to Blues Improvisation with Steve Treseler
- Monday, April 20: Cantaloupe Island by Herbie Hancock with Ruby Dunphy
- Monday April 27: How to Build a Bass Line with Kelsey Mines
- Monday, May 4: Eight Revolutionaries of Jazz with Wayne Horvitz

Click [HERE](#) for full class descriptions

HIGH SCHOOL SERIES, suggested grades 8-12
4 Wednesdays in April
1:00-2:00 PM on Zoom.us

- Wednesday, April 8: Developing Melodic Phrasing with Kareem Kandi
- Wednesday, April 15: The Juicy Notes! How To Improvise Using Guide Tones with Dmitri Matheny
- Wednesday, April 22: Learning to be a Better Jazz Musician through Charlie Parker with Kathy Moore
- Wednesday, April 29: Eight Revolutionaries of Jazz with Wayne Horvitz

Click [HERE](#) for full class descriptions

Full tuition is \$139 per series. Multiple sliding scale options are available from \$29. You'll get access to all 4 classes in the series and video recordings too, in case you have to miss a class or want to review it later.

[Learn more and register](#)

Forward this email

STAY CONNECTED

