



# THE TOWN CRIER

Juanita High School News

FEBRUARY 2021

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## PRESIDENT'S MESSAGE

As you know, February is Black History Month. JHS and the Lake Washington School District are bringing related programs to our students. I would like to encourage families to have a conversation with your student(s) about what they are learning at school - it is a great way to stay involved in their education, and you might learn something new!

Our next PTSA general meeting is on March 24th. We need to elect a Nominating Committee to help us select the PTSA Board for next year. Please consider volunteering for this effort. Participating in the nominating committee does not require you to become a Board member.

In the meantime, your PTSA Board will meet this month to continue our work. Our focus in February is on how to better meet the "4 I's" of family engagement, which means making our work more Inclusive, Individualized, Integrated, and Impactful. As always, I value your participation and input. Everyone should feel included and welcome as part of our PTSA community. Please feel free to contact me at [kdorwin@gmail.com](mailto:kdorwin@gmail.com) if you would like to get more involved.

Thank you,

Kristen Dorwin  
JHS PTSA President

## Lake Washington PTSA Council Upcoming Events

### Lunch and Learn: Unconscious Bias

Bring your lunch and learn with us on the third Thursday of the month. The February topic is Unconscious Bias and how it impacts our lives. The presenter will be LWPTSA Council DEI Co-Chair, Sequoya Lange.

**When:** Thursday, February 18 at Noon

**Where:** Online via [GoToMeeting](#) or dial (571) 317-3112 with Access Code: 768-686-



See the [Lunch & Learn schedule](#) on our website.  
 Questions? Email Yumna Green at [evp@lwptsa.net](mailto:evp@lwptsa.net)

### Self-Care Session #2

Come join us on the third Friday of the month at 5 p.m. for a one-hour segment on tried-and-true strategies for maintaining your equilibrium. All are welcome!

· **When:** Friday, February 19 at 5 p.m.

· **Where:** Online via <https://global.gotomeeting.com/join/274212613>

View the [schedule on our website](#). Send questions to Hae Sue Park and Irene Neumann, Parent Ed Chairs, at [parent.ed@lwptsa.net](mailto:parent.ed@lwptsa.net).



### LWPTSA Scholarships Available

The Lake Washington PTSA Council is pleased to roll out its 2021 Scholarship Program! The Council offers several \$1,250 student scholarships and two \$500 staff scholarships every spring. **Applications for both staff and student scholarships are due by Noon on March 25, 2021.**

· Download the [Student Scholarship Application](#)

· Download the [Staff Scholarship Application](#)

Send questions to Reva Ramachandran and Andrea Stoppani at [scholarships@lwptsa.net](mailto:scholarships@lwptsa.net)

## S E N I O R S

### SENIORS AND FAMILIES OF SENIORS

Please join the Facebook group for our JHS Class of 2021 Seniors as well as our Instagram page to keep informed, join in the discussions, pitch ideas and volunteer to help make the remainder of senior year a fun and memorable one.

[Join the JHS Class of 2021 Facebook Group](#)

[Follow on Instagram: @jhs2021seniorcelebration](#)



From the JHS College and Career Center

Live Wednesdays continue through February and March! Sessions include Computer Science, Forensics, Health, Art, Psychology/Counseling, Food Careers, Engineering, Law & Politics, and First Responders. The schedule can be found at [College and Career Center](#).

### Financial Aid and Scholarships

Please visit the [College and Career Center](#) for helpful information on financial aid for college, scholarships, virtual college tours, and much more.

## H A C K A

### WANIC Registration Now Open! What is WANIC?

WANIC is the Washington Network for Innovative Careers. The WANIC Skill Center offers high quality, tuition-free technical and professional training for high school juniors and seniors.

These year-long, advanced-level Career and Technical Education (CTE) programs are based on rigorous academic and industry standards, and prepare students for career and college readiness. **WANIC programs offer dual credit**



## Bio-Tech Hackathon: April 6 -7

Hello everyone! A group of students from Eastlake, Juanita, and Tesla STEM high school are organizing a **free** virtual biotech hackathon for students in **grades 8-12 on April 6-7th**. There are going to be several prizes, including a monetary award of \$250 per team!

To learn more about the eligibility rules, healthcare challenges, fun workshops, and more details, please click [here](#). Please remember to register [here](#) and get a head start on the challenge!

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**opportunities (both high school and college credit) and/or lead to industry certifications.** Programs are designed in three period blocks, allowing extended time to not only learn the theory of a subject, but to also get authentic hands-on lab experience. All classes earn Occupation Education high school credits and may offer other course equivalencies toward high school graduation requirements. **Online registration opened on February 2<sup>nd</sup>**. Visit the [College and Career Center](#) to learn more.

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## FROM THE COUNSELING OFFICE

### JHS Counseling Vision Statement

Every student academically, socially, and culturally ready to succeed, solidify their sense of self-worth, and contribute positively to a diverse global community. They are fully engaged in lifelong learning and graduate with the necessary skills to succeed in post-secondary education and career.

### Role of the School Counselor

Parents, the press, administrators, and the general public often wonder just what it is that school counselors do on a daily basis. They help all students in the areas of academic achievement, career, and social/emotional development, ensuring today's students become the productive, well-adjusted adults of tomorrow. School Counselors provide valuable assistance to students regardless of whether they work in an elementary, middle, or high school, or beyond.

### About ASCA

The American School Counselor Association has been the home for School counselors since 1952. ASCA provides professional development, publications, and other resources, research, and advocacy to more than 36,000 professional school counselors around the globe, enhancing school counseling programs and researching effective school counseling practices. ASCA's National Model was a framework for a data-informed school counseling program that focuses on improving student outcomes and has a significant positive impact on student achievement, attendance, and discipline.

ASCA's professional standards are guiding counseling programs across the nation, including ours, to shift from an outdated model in which counselors spend a large portion of their day in non-counseling clerical duties, to a comprehensive school counseling program based on the ASCA National Model.

Learn more about the role of the school counselor by [downloading this infographic](#). As vital members of the education team, the goal of the Counseling Department at Juanita High School is to continually work to align our school improvement goals with a counseling program inspired by the National Model.

**Parents:** Report cards with final first semester grades were mailed before midwinter break. [Please continue reading](#)

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## Four Easy Peasy Ways to Advocate for Your Kids

Susan Baird-Joshi, JHS PTSA Advocacy Chair, [sdbj.pta@gmail.com](mailto:sdbj.pta@gmail.com)

The legislative session is in full swing. With the COVID-19 pandemic still limiting in-person instruction, broadband service and funding for children hang in the balance. There are three easy ways you can advocate for your children—email your legislators, sign up for JHS PTA advocacy actions, subscribe to the WSPTA Action Network, and read the weekly WSPTA Bill Tracker.

1. Email your legislators Washington State PTA's "Legislative Priorities" document. You can attach the document or embed the link. Ask your legislators to vote for children as bills pass through committees and onto the House and Senate floors. Be polite. Say you are their constituent. Tell them you are a member of Juanita High School PTSA. Sign your name and address.

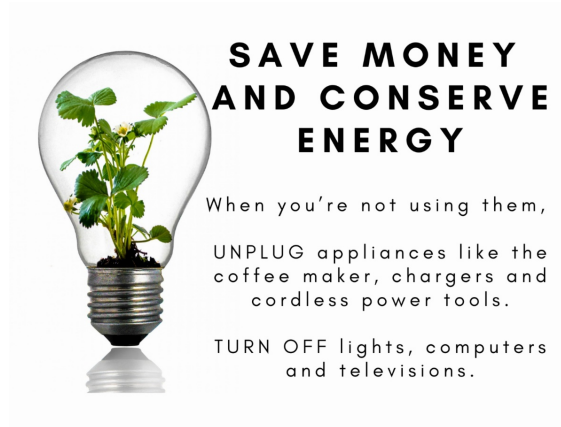
WA State PTA [Legislative Priorities](#)

Find Your Legislative District: [District Finder](#)  
Find Your Legislators' Emails: [Member Email](#)

2. As bills or county or city news pertaining to the JHS community crosses my virtual desk, I will send out action alerts to members. Email me at [sdbj.pta@gmail.com](mailto:sdbj.pta@gmail.com) and ask to be on the JHS PTA Advocacy alert list.
3. Subscribe to the [Action Network](#) to participate in timely action alerts through the session. As a bonus, subscribers to the Action Network receive the weekly "Focus on Advocacy" newsletter. This newsletter gives a short article on timely bills that affect your child pending in the legislature.
4. Read the weekly WSPTA Bill Status Report. The link is with the "Focus on Advocacy" newsletter. It contains a list of all the bills in Olympia that WSPTA is monitoring or supports. The bills are categorized by issue and other topics of concern to PTA members.

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## SUSTAINABILITY



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## COMMUNITY IMPACT



### Kirkland Nourishing Network

Please consider donating to Kirkland Nourishing Networks and help Kirkland families with food insecurity. KNN uses 100% of donated funds to purchase grocery gift cards for families in Kirkland schools. Please donate [here](#). Thank you.

### Raven Care Committee

A big **thank you** to all who contributed to the JHS Counselors' Closet via the Amazon wishlist. The Closet is well-stocked and ready to help students and families.

There is another way to support our local youth. Please consider a donation to the Friends Of Youth via their Amazon wish list [here](#).

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### PTSA Nominations

PTSA is seeking two members to join the Nominations Committee. Limited time commitment (about one hour/week) to help fill PTSA positions for 2021-22. Please contact Jessica Pfundt at [pfundt4@frontier.com](mailto:pfundt4@frontier.com).

In case you are already interested in joining the PTSA Board (or know of someone who might be), here are the open positions for the 2021-22 Executive Board:

- VP
- Treasurer

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Visit our  
website

