



THE TOWN CRIER

Juanita High School News

March 2021

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PRESIDENT'S MESSAGE

The current plans for school feel a lot like Spring weather right now - constantly changing! We will continue to do our best as a PTSA to keep you informed, and to help you learn how to share your thoughts and opinions with the decision-makers. The fastest way to stay up-to-date is to follow the JHS PTSA page on Facebook.

In January, we provided a Family Education session titled "Help! I'm worried about my student!" and we are pleased to announce that we are working with the Counseling Center to provide the same session in Spanish this Spring. If there is a topic that you would like to see the PTSA address, please feel free to email me at kdorwin@gmail.com with your ideas.

Families of Seniors, we no longer have a PTSA coordinator for Grad Night, but there are still folks involved in planning special events for your student(s). If you are interested in helping, please contact me or visit the [JHS Senior Celebration Facebook](#) group to get connected.

Finally, I know PTSA can sometimes feel like an exclusive group, with its own culture that does not always feel welcoming or familiar to all of our families. If you are part of another group with JHS families (formal or informal) that would be interested in sharing what you are doing as a community, I would love an invitation to listen and learn in your space.

Thank you,

Kristen Dorwin

A Word from Council

Conversations have continued regarding around students returning to school and students remaining in a virtual learning environment. We are keeping track of the updated guidance in order to provide support to our member PTAs. This week we are sharing specific things families can do in support of all children.

1. Parents can use their voices to advocate by contacting the [Governor's Office](#), the [WA Department of Health, OSPI](#), and our [state legislators and representatives](#) regarding mitigating the distance measures for schools.
2. Parents can also provide input around waiving the building attendance and seat time requirements of students that want to continue in a remote learning model.
3. It is also incredibly helpful for legislators and other decision-makers to hear from students, in their own words, how the learning situations affect them.

Please feel free to contact any [member of our board](#) if you have any questions.

-Brandi Comstock, [LWPTSA Council President](#)

The next PTSA General Meeting is Wednesday, **March 24 at 7 p.m.** via [GoToMeeting](#). Please join us! We will be electing our nominating committee, which will help select board members for next year.

March Lunch and Learn

You bring lunch, we'll bring the speakers. Join us for a Community Support Services Roundtable at our March event featuring speakers from Youth Eastside Services, Eastside for all, Hopelink, and The Arc of King County.

- When: Thursday, March 18 at NOON
- Where: Online via [GoToMeeting](#) or register via [Eventbrite](#)

See the [Lunch & Learn schedule](#) on our website for future dates. For questions please email Yumna Green at evp@lwptsa.net.



S E N I O R S

SENIORS AND FAMILIES OF SENIORS

Seniors needing help in finishing their High School & Beyond Plan, or have questions, can email Mrs. Campbell at mcampbell@lwsd.org, or set up a Teams meeting [HERE](#). The High School & Beyond Plan is a state graduation requirement, and is worked on through lessons in Xello. The link to access Xello is [here](#).

Make sure you have completed the **Uploading your Resume** lesson and the **Financial Aid Resources FAFSA/WASFA** lesson!

Please join the Facebook group for our JHS Class of 2021 Seniors as well as our Instagram page to keep informed, join in the discussions, pitch ideas, and volunteer to help make the remainder of senior year a fun and memorable one.

[Join the JHS Class of 2021 Facebook Group](#)

[Follow on Instagram: @jhs2021seniorcelebration](#)

LWPTSA Scholarships Available

The Lake Washington PTSA Council is pleased to roll out its 2021 Scholarship Program! We are offering 14 \$1250 student scholarships and two \$500 staff scholarships this spring. Applications for both staff and student scholarships are due by NOON on March 25, 2021.

- Download the [Student Scholarship Application](#)
- Download the [Staff Scholarship Application](#)

Send questions to Reva Ramachandran and Andrea Stoppani at scholarships@lwptsa.net



Coming soon... PTSA nominations for Executive Board elections. Here's a chance to be part of a volunteer team that helps support our students and the Juanita High School community. Do you or someone you know have some interest and skills to help out? We are accepting nominations for executive board positions **starting March 25th**. Nominate yourself or someone you know to be part of the PTSA leadership team for 2021-22. Elections are planned for the May meeting. More info will be available soon on the JHS PTSA website. Your nominations are appreciated!

Questions? Please email jessica.jhsptsa@gmail.com for more info.



Effective Communication For High Schoolers

All high school students in Lake Washington School District are invited to an Effective Communications Workshop on Wednesday, March 24 at 6 p.m. Students will learn the 3 C's of communication, how to have difficult or challenging conversations, and tips for communicating over social media. This workshop is free, but registration is required.

- When: Wednesday, March 24 from 6-7:30 p.m.
- Where: Online, Register [here](#)
- Questions: Danit Erlich, [FACE VP](#)
- [Download a flyer](#)

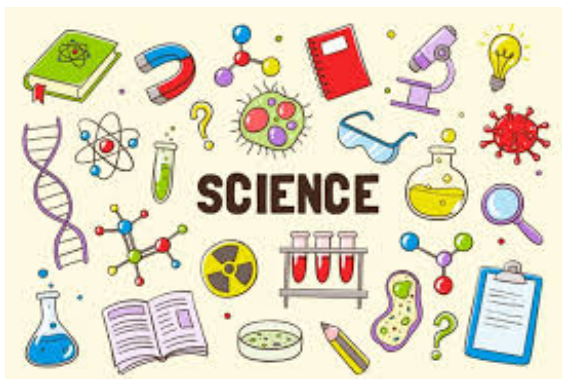


From the JHS College and Career Center



Live Wednesday Career Panels

Live Wednesdays continue through March! Sessions include Law & Politics and First Responders. The schedule can be found [here](#).



Med-O-Vate Bio-Tech Hackathon – April 6th-7th

Hello everyone! A group of students from Eastlake, Juanita, and Tesla STEM high school are organizing a free virtual biotech Hackathon for students in grades 8-12 on April 6-7th. There will be several prizes, including a monetary award of \$250 per team!

To learn more about the eligibility rules, healthcare challenge, fun workshops, and more details, please visit the link [HERE](#)

[Register](#) and get a head start on the challenge!

WANIC Registration Now Open! What is WANIC?

WANIC is the Washington Network for Innovative Careers. The WANIC Skill Center offers high quality tuition-free technical and professional training for high school Juniors and Seniors. These year-long, advanced-level Career and Technical Education (CTE) programs are based on rigorous academic and industry standards and prepare students for career and college readiness. **WANIC programs offer dual credit opportunities (both high school and college credit) and/or lead to industry certifications.** Programs are designed in three period blocks allowing extended time to not only learn the theory of a subject, but to also get authentic hands-on lab experience. All classes earn Occupation Education high school credits and may offer other course equivalencies toward high school graduation requirements. Contact the College & Career Center with any questions.

Financial Aid and Scholarships

Please visit the [College and Career Center](#) website and Teams pages for helpful information on financial aid for college, scholarships, virtual college tours, and much more.

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FROM THE COUNSELING OFFICE

In March and April, seniors will begin looking towards their next endeavor, 8th-grade students will be thinking about moving to the high school building, and 9th, 10th, and 11th-grade students will be preparing to move one step closer to graduation. All students should be concentrating on the options available to them and preparing to make some choices.

Running Start Orientations

This is the first step to becoming a Running Start student. Parents and students are encouraged to attend one or all the information sessions to find out if Running Start is right for your family. One session must be attended if a student is interested in doing Running Start in the fall! If you are not familiar with the opportunity for your student to earn high school and college credit, this is a chance to learn and plan. Parents are welcome!

WEDNESDAY MARCH 17

Location: College and Career Center Teams Page

10-11 a.m. Bellevue College

11-12 p.m. Lake Washington Tech

12-1:00 p.m. Cascadia College

All orientation sessions will be recorded for families that cannot attend scheduled times, and they will be posted on the JHS Counseling website later.

Counselor appointments about Running Start will be made after students complete all steps explained in the presentation.

Junior Meetings

Every spring, the JHS Counseling Department holds individual meetings with each of our juniors to make sure they are on track for graduation and to provide information about post-secondary options. We plan to meet with each of our juniors via Teams after Spring Break - dates TBD. We will be sending individual meeting invites to students soon. Juniors and parents, please keep an eye out, and watch for a meeting invite from your counselor!

Seniors: If you are planning to attend a 2-year or 4-year college after high school, you should already have applied for admission and be well along in the financial aid application process. If you have not done it yet, complete and submit financial aid forms and scholarship applications ASAP. Here is free information and advice about how to complete the FAFSA at several websites: www.fafsa.ed.gov, www.finaid.org, and www.fastweb.com.

Some students might be interested in participating in special programs of study, available at JHS. These programs are designed to enhance a student's high school experience. Some of these include:

- Advanced Placement (AP) - a program administered by the College Board. It includes courses for highly motivated students who wish to pursue college-level studies in the high school setting. Qualifying grades on end-of-year AP examinations can be submitted for college credit and/or waiver of course requirements in the freshman year of college. JHS offers AP classes in English, mathematics, music, science, social studies, and world languages.
- WaNIC (Washington Network for Innovative Careers) - a consortium that offers professional/technical classes to high school students in participating school districts like Lake Washington School District. Courses are intended for juniors and seniors in good academic standing. To register for a WaNIC course, visit wanic.org, visit the [College and Career Center](#) website, or email Ms. Rodland at kphillips@lwsd.org.
- CTE Dual Credit - a program that combines high school and community/technical college classes in one course of study taken at the high school. Students who are successful in a Dual Credit class can receive community college or technical college credit by applying for the credit. Many of the courses offered in the Occupational Education department at JHS are eligible for dual credit. These courses have a special designation in the *Course Catalog*.

SUSTAINABILITY

Green Tip

Shredded paper CANNOT go in your recycling OR yard waste. - it must be bagged and put in garbage. Please be selective with what you shred, and continue to recycle non-shredded papers. Thanks!

Did you know there are shredding events? Check out this [link](#) for Kirkland event dates. Additional information on City of Kirkland resources can be found at [Trash, Recycling, and Compost](#).



WSPTA Reflections Finalists Announced!

Imagination. Powered by PTA.

The WSPTA Reflections Committee is pleased to announce the [WSPTA Reflection Finalists](#)! Congratulations to all the winners!

This has not been the year most would have imagined. We have had to make adjustments to how we do things at the local, council, region, and state levels. With students and staff working remotely for most of the year, programs that PTA's normally offer in the schools had to shift to the virtual world. The Reflections program was no different. Despite the shift to all virtual, we had 604 entries submitted at the state level. We had 27 councils participate with 180 local PTA submissions moving to the state level. The state results can be [accessed here](#). More information will be shared soon on how we will celebrate the finalists. Congratulations to all who have participated this year as it was definitely a challenge.

Current and Timely WSPTA Discounts Savings. Powered by PTA.

Take advantage of these discount offers:

- **Great Wolf Lodge** - 30% off. Learn about the health and safety policy.
- **TrophyCentral.com** - 10% off.
- **The Real Leather Company** - save \$15 off any bag.
- **Obscure Belts** - 10% off any leather belt.
- **Tickets at Work** - new discounts for staying at home or working from home.
- **LEGO® Bag** - 20% discount on LEGO® Bag products.
- **FedEx Office** - special rates for printing.
- **CanvasDiscount.com** - save up to 15% on your order.
- **Office Depot/Office Max** - savings on school supplies, office products, technology, furniture, and print.

Keep checking the [benefits and discounts page](#) as more opportunities continue to be added. *Member benefits and discounts are available to all WSPTA members. To access them, log in to [Benefits & Discount Codes](#) using the 2020-2021 username and password. Check the promotion codes listed for each provider in the main body of the page and the file list for time-sensitive offers. Please share information about discounts with members, but please do not share the codes with non-members.*

COMMUNITY IMPACT

RAVEN CARES

Kirkland Nourishing Networks (KNN) is once again providing grocery gift cards to Kirkland school families in need during spring break.

Interested families should contact their school counselor. If you can donate toward this efforts, please see their link at [Nourishing Network](#).



MARCH MADNESS FRUIT & NUT FOOD DRIVE

PANTRY PACKS NEEDS YOUR HELP TO SUPPORT LWSJ STUDENTS!

WHAT:

- Trail Mix / Nuts / Jerky
- To-Go Size Peanut Butter in Cups / Pouches (no jars)
- Protein Bars (with at least 7g protein)
- Fruit & Veg Cups (no foil lids) / Cans / Pouches

***All in individual packets with expiration dates of at least 3 months out

DATES: March 10, March 13, March 17 and March 20
TIMES: 12pm-2pm

HOW: Donations can be dropped at Pantry Packs at 14816 NE 95th Street - Bldg 6 in Redmond, WA 98052. Donations will only be accepted during the above drop-off times. Please do not leave donations unattended.

Can't make it in person? No problem!

Donate food directly to Pantry Packs via Amazon: bit.ly/marfooddrive

FOR MORE INFO, VISIT WWW.LWSF.ORG/PANTRYPACKS

Visit our
website



